Newborn Life Support

**Dry the baby**
Remove any wet towels and cover
Start the clock or note the time

**Assess (tone), breathing and heart rate**

**If gasping or not breathing**
Open the airway
Give 5 inflation breaths
Consider SpO₂ monitoring

**Re-assess**
If no increase in heart rate
Look for chest movement

**If chest not moving**
Recheck head position
Consider two-person airway control or other airway manoeuvres
Repeat inflation breaths
Consider SpO₂ monitoring
Look for a response

**If no increase in heart rate**
Look for chest movement

**When the chest is moving**
If the heart rate is not detectable or slow (< 60)
Start chest compressions
3 compressions to each breath

**Reassess heart rate every 30 seconds**
If the heart rate is not detectable or slow (< 60)
Consider venous access and drugs

**Acceptable pre-ductal SpO₂**
2 min: 60%
3 min: 70%
4 min: 80%
5 min: 85%
10 min: 90%

AT ALL STAGES ASK: DO YOU NEED HELP?